

# <u>Wairoa School</u>



### Wairoa School

Tuesday 27 February 2024

An individual journey in education

Brighton Boulevard, North Bondi, NSW 2026 **T** 9300 9579

E wairoa-s.school@det.nsw.edu.au www.wairoa-s.schools.nsw.edu.au

Our vision is for students to be empowered learners who build skills and understandings and make sense of their world. Our students are confident, creative and connected learners who are known, valued and cared for within a culture of high expectation by the school community to thrive - now and in the future.

#### NEWSLETTER

Term 1 Week 5 Newsletter

Dear Parents and Community,

Our school year has started smoothly with our students settling into their new classrooms and timetables well.

There are a number of activities in the coming weeks which we ask you to note.

On **Thursday this week** a visit by the Taronga Zoo Mobile will offer a wonderful opportunity for our students to meet various creatures up close. This experience has always been a highlight at Wairoa School. This year this visit has been sponsored by:

#### **Chen Shan Lawyers**

We are grateful for their generous donation of the Zoo Mobile visit and in particular Karrina Chen who will be visiting Wairoa School on Thursday.



#### **Personalised Learning and Support Plan meetings**

Parents and Carers have been invited to meet teachers at school for their child's Personalised Learning and Support Planning. Thank you to parents who have meet or arranged their meeting.

It is preferred that these meetings are held face to face so teacher and parents have the opportunity to engage in discussions on the school site.

If you have not replied to the meeting request please do so.

Parents are asked to promptly return any notes and requested documents so the administration of these can be completed. The following up of non returned documents is time consuming for school staff.

## We are safe respectful learners



#### **Congratulations to our 2024 School Ambassadors**

Primary: Phillip K and Victoria C Secondary: Ara C and Mark T

They have been nominated by the school staff and have a special role within the school. They will have regular tasks to complete, supported by their *staff buddy* and will also meet and greet special guests when they visit the school.

Kind regards Carmel Seeto Principal

#### **School Photos**

The School Photographer will be attending Wairoa School on **Tuesday 19 March**. Photo envelopes were sent home on Friday in your child's bag.

Please return the envelope before the Friday 15 March. The School Photographer prefers online payments via <u>www.theschoolphotographer.com.au</u> but you can also pay via exact Cash as no change can be given.

#### Health and Wellbeing

We remind parents that if your child is unwell, do not send them to school. If they become unwell at school you will need to collect them immediately. This will support their health and wellbeing and that of other students and staff.

Regular handwashing is recognised as a hygiene practice which does reduce the spread of illness. At Wairoa School we teach an encourage regular handwashing practices for students. Attached is a visual schedule for handwashing which you may find useful at home. These are the steps your child is encouraged to follow at school.

#### **School Uniform**

We ask that all students wear the school uniform each day. Wearing the school uniform is an excellent reminder to students that the day is a school day.

It is important as community access programs are commencing that students wear the uniform in school and within the community based programs.

Please ensure that all items are labelled so valuable time is not spent searching for unlabelled lost items. Please remember to do this for all uniforms items.

The summer uniform includes:

- Navy blue shorts
- Pale blue polo shirt
- Black shoes or appropriate sports shoes

#### **Positive Behaviour for Learning**

At Wairoa School we follow a Positive Behaviour for Learners framework and have three 'be' rules in our school:

- Be Safe,
- Be Respectful and
- Be a Learner.

This system provides us with a common language and opportunities to model positive and appropriate behaviour for our students. Please join with us in using this language at home with your child. During Term 1 our focus is Be Respectful. This is highlighted as orange and will include our Harmony Day celebrations on Thursday 21 March. Keep an eye out for orange T shirts for your child for the celebration.



#### **Upcoming Events**

| Tuesday 27 February  |
|----------------------|
| Thursday 29 February |
| Tuesday 19 March     |
| Thursday 21 March    |
| Friday 12 April      |
| Tuesday 30 April     |
|                      |

#### Attendance – Every day matters

We want students to attend school everyday when they are well enough to do so. Please send a note in their indicating the reason they have been away from school diary and / or inform the school office via email or phone call.



### 2024 SCHOOL TERM DATES

Term 1 Thursday 1 February – Friday 12 April

Term 2 Tuesday 30 April – Friday 5 July

Term 3 Tuesday 23 July – Friday 27 September

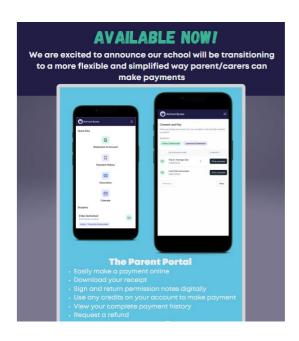
Term 4 Monday 14 October – Wednesday 18 December

#### Parent Portal – School bytes link

Late last year our School transitioned to a new system where you can make and keep track of payments, notes etc for your child.

Please register for the Parent Portal by either using the below link or QR code.

https://portal.schoolbytes.education/auth/register



#### **Contact details**

Please remember to notify the school administration office of any change of contact details especially mobile phone numbers.

#### Student Arrivals and Departures

I would like to remind all parents/carers of the following: School commences every day at 8.55 am and the expectation is that each student arrives between 8.55 – 9.15am so that they can participate in morning routines which include fitness and personal care.

Late arrivals to school are disruptive to your child's learning and that of the other students.

Thank you for your co-operation.





Helping children with a disability learn to swim

New Vacancies at **Bondi Rainbow Club** Kensington Rainbow Club Maroubra Rainbow Club Check details at https://www.myrainbowclub.org.au/locations/

Each lesson is 30 minutes

Rainbow Club is a network of social swimming clubs for children and young people with a disability







Specially designed





goals

Confidence











30 minute lessons

9 week terms

Local community







Social Registered participation provider

Vouchers accepted

#### MAKE BOOKING

Visit our website to watch our videos, make a booking or find out more





# The **ZONES** of Regulation



The Zones of Regulation is a framework for teaching students' strategies for emotional and sensory management.

So far this term we have been reintroducing the Zones of Regulation to the students with a focus on a different zone each week.

- The Green Zone is used to describe a calm state of alertness. A person may be described as happy, calm, okay, or ready to learn.
- The Yellow Zone is used to describe elevated emotions such as feeling anxious or worried, upset, silly or uncomfortable.
- The **Blue Zone** is used to describe low states of alertness and down feelings such as when one feels **sad**, **tired**, **sick**, or **hurt**.
- The Red Zone is used to describe intense emotions such as feeling overwhelmed or angry, which
  may look like yelling or aggressive behaviour.

Here are some pictures of students completing activities when learning about the **BLUE ZONE**.





# Washing hands

|                      | Water on            |
|----------------------|---------------------|
| - TABLE              | Hands wet           |
| State -              | Rub hands with soap |
| - Marine Contraction | Rinse               |
|                      | Water off           |
|                      | Dry                 |